

2021-2022 EDUCATION AND CHILDREN SERVICES OCTOBER 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY5
В					1/
	60.0	The state of the s	Programme of the second		CEREAL/FRESH FRUIT/MILK
L		A COLUMN TO THE			CHICKEN PATTY/ ^{WG} ROLL VEGGIE BLEND/KIWI/MILK
					CRACKERS/MILK
S					CHACKERS/ WILK
В	4/	5/	6/	7/	8/
	FR. MINI WHEATS/ORANGE/MILK	BAGEL/APPLE/MILK	WGPANCAKE/APRICOTS/MILK	ENG. MUFFIN/PEARS/MILK	
L	SALISBURY STEAK/WGBREAD	TURKEY/CHEESE/WGBUN	BAKED ZITI/SALAD/DRESSING	BBQ MEATBALLS/WG ROLL	
	MASH POT/PEAR/MILK	CUCUMBERS/BANANA/MILK	TROPICAL FRUIT/MILK EHS-COOKED VEGGIES	CARRIBEAN VEG/APPLE/MILK	NO SCHOOL
S	ANIMAL CRACKERS/MILK	FRUIT/CHEESE/WATER	WGPRETZEL/CHEESE/100% JUICE	wGCINN. BREAD/MILK	
В	11/	12/	13/	14/	15/
	^{WG} MUFFIN/PEAR/MILK		YOGURT/BERRIES/MILK	wGWAFFLE/PEACHES/MILK	WGPANCAKE/ORANGES/MILK
L	CHICKEN CAVATAPPI		SALAMI/CHEESE/WGBUN	CHICKEN W/GRAVY/WGROLL	MEATBALLS/GREEN BEANS
	LIMA BEANS/ORANGE/MILK	NO SCHOOL	POTATO SALAD/BANANA/MILK	MASH POTATOES/APPLE	BUTTER-HERB NOODLES
				MILK	FRUIT COCKTAIL/MILK
S	WGBREADSTICK/CHEESE/MILK		CUCUMBERS/PRETZEL ROD	BERRIES/BISCUIT/WATER	CRACKERS/MILK
В	18/	19/	20/	21/	22/
	CEREAL/ORANGES/MILK	TOAST/PEAR/MILK	wgFR. TOAST/TR.FRUIT/MILK	WGBAGEL/PINEAPPLE/MILK	
L	SLOPPY JOE/WGROLL	WGUNCRUSTABLE/CHEESE	EGG /SAUSAGE/ ^{WW} TOAST	CHICKEN LO MEIN/PEA BLEND	
	BABY BAKERS/APPLE/MILK	CARROTS/BANANA/MILK EHS-HAM/BREAD/CUCUMBERS	CAL.VEGGIE/BERRIES/MILK	MAND. ORANGES/MILK	NO SCHOOL
S	CLUB CRACKER/CHEESE/WATER	BOILED EGG/CRACKERS/WATER	wgMUFFIN/MILK	CORN MUFFIN/FRUIT/WATER	
В	25/	26/	27/	28/	29/
	^{WG} MUFFIN/ORANGE/MILK	^{WG} RAISIN BREAD/APPLESAUCE	WGPANCAKE/APRICOTS/MILK	CH.OMELET/PEAR/MILK	
		MILK EHS-CINN. BREAD			
L	MEABALLS/WGBREADSTICK	HAM STEAK/WGCORNBREAD	TURKEY SAUSAGE/CHEESE	MAC & CHEESE/PEAS	
	SICILIAN VEG/APPLE/MILK	GREEN BEANS/PINEAPPLE/MILK	WGENG. MUFFIN/POTATOES GRAPES/MILK EHS-FRUIT	APPLE/MILK	NO SCHOOL
S	RITZ/CHEESE/WATER	WGCHEERIOS/BANANA/WATER	ANIMAL CRACKERS/100% JUICE	BAGEL/MILK	

*B-BREAKFAST L-LUNCH S-SNACK

Monthly calendars are given to families showing meal plans in advance. Any changes in the food/meals to be served will be made to the posted menu in the classroom and available for the families to review daily. If class is canceled on one day, we may serve that day's meal on the following day, if it still meets our health and safety guidelines. In accordance with Federal law (USDA policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. This institution is an equal opportunity provider and employer.